

Week commencing: 16/11/20

Year 1 Self-isolation activities



Theme: Our local area (geography)

Please spend quality time **with** your child looking through this placemat. There are 8 activities in total for all children to work through in any order they wish. **Please note, that there is no expectation for these to all be completed and unfortunately teachers will be unable to mark the work.**  
**Please follow our class on Twitter @springwoodyear1 as lessons and activities are posted daily for you.**

### Maths

#### Triangles, squares, rectangles and octagons

Practice saying/singing your number bonds to 10 and 20 if you can. Write them down and explain the pattern to somebody in your house. Using objects such as bowls, hoops, plates (as the two parts) and cereal, toys, leaves etc (as the numbers), make your number bonds into a piece of art! Complete number bond worksheets.

#### Circles

Look around your house for objects that are 3D shapes. Find a cone, a sphere, a cube, a cuboid and a cylinder. Talk about the features of each shape. Look at the 3D shapes worksheet.

### English (Spelling)

Practice everyday using the look, cover, write and check method.

Write a definition for each word and then write each word in an interesting sentence.

#### Foxes, Moles and Badgers

rain, wait, train, paid, afraid, oil, join, coin, point, soil.

#### Squirrels

sad, dim, dip, din, did.

#### Wise Owls

Practice writing your name (or first letter) every day. Practice recognising your name. Practice forming the letters s, a, t, p, i, n in paint, sand, shaving foam.

### English (Reading and Writing)

#### Foxes, Moles, Badgers and Squirrels

Practice your spellings every day. They are attached to this worksheet if you want to print them out. Write each word in a sentence and tell an adult what each word means.

Practice writing your capital letters correctly and neatly. If you have lined paper make sure they sit on the line. Complete the capital letters and full stops activity.

#### Wise Owls

Sing the Nursery Rhyme 'Jack and Jill went up the hill'. Act out the story using actions/dolls/figures/bucket/water. **J focus** - Can you practice forming/making the letter j out of playdoh, paint, foam, chalk? What things can you find/think of beginning with j? Can you make some jiggling jelly (with an adult's help)? Can you make jam sandwiches? Can you jump up and down whilst singing the Nursery Rhyme?

### Creative Arts

Make an autumn picture. You could draw, paint or use collage. Include some of the things that you see during the autumn.

#### DT

Your challenge is to take an old pair of socks and transform them into a lovable sock puppet character! Find an old/odd sock in your house (check with an adult first). Practice some of our joining techniques such as gluing, sewing, taping to add hair, eyes, mouth to your puppet. Tweet your puppets if you can - we would love to see them!

### Health, Wellbeing and Sport

Visit <https://app.gonoodle.com> and practise some of the exercises and mindful activities.

Improve your listening skills by playing some listening games. There are lots on YouTube if you have access to a computer. You can also play I spy and a game called north, south, east and west. To play this game you have to label the walls of a room with the point of a compass and follow some instructions. Instructions like jump to the north, hop to the south, crawl to the east and skip to the

### Geography

Talk about the types of houses you see in your local area. Are they detached, semi-detached, flats, terraced or bungalows? Make a junk model of a house to bring into school when we finish our isolation.

### Science – Seasons

Think about how the weather changes across the seasons. Pretend you are a weather forecaster on the BBC and present a weather forecast for the autumn, winter, spring and summer? Think about how the weather will change.

### Computing

If you have a computer or tablet. Practice turning it on and logging on correctly. Use a word-processing programme to type your name and address. You could also type out your favourite story or even write your own story!

